

# New Forest Bike Ride

Sunday, 12th September 2010

Ride with us -  
Make a Big  
Difference

Help raise £1.5 million to fund a transformational upgrade to the Women's Health Unit at the Royal Bournemouth Hospital, whilst cycling through the beautiful villages and woodland of the New Forest.



**The Course:** 10 or 20 mile routes

**Time:** 10:00am

**Start & Finish:** The Manor, Salisbury Road, Burton, Christchurch BH23 7JG

**Entry Fee:** £5 per person, Under 16's free Certificate for every rider

**Sponsorship:** We encourage all our riders to raise as much as you can for the new Jigsaw Appeal for Women

A special two course 'Bicycle Barbecue' available, at the finish for riders, family and friends at an additional cost.

JIGSAW APPEAL  
for women  
HEALTH   
CANCER UNIT



Registration forms are available from:

Jigsaw Appeal Office, Royal Bournemouth Hospital, Castle Lane East, Bournemouth BH7 7DW

Tel: **01202 704060** Web: **www.jigsawappeal.org.uk**

Registered Charity no. 1057366